



the

BULLETIN

MAY, 2005

Bulls Calendar

5/7 Fast Footwork
5/14 HYSA State
Championship and State Cup
Roster Freeze
5/14 Fast Footwork
5/15 Coaches/Managers Meet
5/20 Newsletter Deadline
5/21 Fast Footwork
5/22 State Championship and
State Cup Check-In
5/27 Surf Cup Entry Deadline
5/28 HYSA State
Championship and State Cup
5/30 Memorial Day

Message from the President

“Keep the ball rolling. Once you stop a ball you invite the opposition to take it off you!”

This seems to be a fitting metaphor for the Honolulu Bulls Soccer Club. Thanks to your progressive coaching staff and Board of Directors, the ball never stops.

This month is highlighted by the hiring of the Bull's first Club Administrator. Many inquiries were received and interviews occurred. The Board of Directors agreed to hire Evan Cohen as our inaugural administrator. Evan comes to us with a variety of experiences in youth leagues

in New York City, Washington, D.C. and Guam. He is anxious to begin assisting with Club finances, fundraising, travels and marketing. The first priority is for Evan to become familiar with the Club and its finances, then he will assume the other duties. Please welcome Evan, his wife and son when you see them at the fields.

With Coach Bri O'Dowd's departure, Luke Baer has assumed registration duties, in addition to being the Keiki League Administrator. Luke's temperament is to get the job done right the first time and already he is doing a fantastic job. Great job, Luke!

During the next two months there will be a flurry of activities to keep us all busy. The Oahu League and MISO/WISA seasons will be coming to a close, with many Bulls teams in contention for State Championships, men's and women's league titles and the Robledo Cup. Six teams will be traveling to Las Vegas for the US Club Soccer Regionals; with another 6 moving on to Denver to compete in the 2005 Far West Regional Tournament. Several of the same teams will, no doubt, be accepted to

the Surf Cup. Enjoy all of your travels, players.

Bulls teams are required to participate in the Hawaii International Cup, our Club's biggest fundraiser in July.

Once this is completed, all of a sudden we will be in the midst of tryouts and registration for the 2005-2006 season.

So, take a few deep breaths, everyone, and enjoy the ride!



Logo Items

Logo wear will be available for purchase at the next fast foot work sessions. Plan ahead if you intend to take some items as gifts for teams on the mainland in Vegas or Denver.

Advice to Travelers

Jet lag affects everyone differently. There are things that we all can do on long trips



to help us feel better when we arrive.
 Make sure you get a good night's rest the day before you travel.
 Drink 6-8 ounces of water or juice every hour you are flying.
 High protein foods and green vegetables gives your body long-lasting energy, as opposed to sweets which give you bursts of energy.
 If you are taking medications, try to take them on time.
 For long trips, switch your orientation to the local time and eventually your body will adjust it's "clock" with the new location.

FUNdraisers

The 93 Girls are selling wristbands for \$3.00. It will say "Soccer No Ka Oi" with a soccer ball on each side of the wording and are available in red, black, white, royal blue, and a glow in the dark. If anyone is interested they can email Jeri Mestanza at jmestanza@hawaii.rr.com.

The 92 Boys are having a team car wash on Saturday, May 7, 2005, at McCully Shell (on the corner of McCully and Beretania). The car wash will be from 9 a.m. to 3 p.m. Cars will be \$5 and vans/trucks/suvs will be \$8. Please contact Tony Baldomero at hscbulls92boys@yahoo.com for more information.

Natalie Watson has scheduled a Pizza Hut Pizza Night for Monday, May 9, 2005, for the "Honolulu Boys U9 Boys Ka'ula and Ka'ele soccer teams". The flyers should be ready this Friday.

There are 4 easy steps to place your Pizza Night order and they are listed on the flyers. I have attached a copy of the flyer. Several flyers will be handed out to each player to pass on to their family and friends. If you need extra flyers just let me know or you can print them out on either the same color paper as the Pizza Hut issued flyers or on white paper. The flyer can be used anytime of the day on Monday, May 9, 2005, at any Pizza Hut location on the island. Please help us make this fundraiser a success.

\$400.00 minimum sales goal must be met in order to qualify for another Pizza Night fundraising event. Please be sure to let participants know that all purchases are based on regular menu prices. The second pizza and literacy card discount are the only discounts accepted. Natalie can be reached at nataliewatson@hawaii.rr.com.

Always Giving

Mahalo to the following players and parents for participating in HMSA's "Go" campaign to promote health and fitness.

This was held at the Murakami Stadium and organized oh so well again by Coach Jose Dydasco.

In the blazing heat the players did 4 mini-sessions of fast footwork and then participants took shots on goal to measure the speed of the ball. 63 mph was the fastest recorded that day by Coach Craig!

Thanks again to all and Mahalo to HMSA and Mike Stollar for inviting us to be a part of the festivities.

Players

- Shelynne Rapoza
- True Dydasco
- Rachel Bowler
- Tiana Desai
- Michell Mestanza
- Sarah Lau
- Malia Brennan
- Lauren Uyehara
- Lauren Stollar
- Dani Stollar
- Tasha Rieta
- Kili Bray
- Kristi Kaneta
- Megan Goo
- Erika Lum
- Scott Perske
- Dustin Taniguchi
- Cameron Holm
- Zane Dydasco
- Andrew Inaba
- Cody Sullivan
- Taylor Chong
- Kelsy Chan
- Jessica Caires
- Shaney Sakamoto
- Lucy Caires

Adults

- Quintin Bray
- Sherrie Rapoza



Michael Stollar
Alson Inaba
Craig Sullivan
Ken Perske
Phil Neddo
Luke Baer
Aaron Sakamoto

In Memoriam:

A Bulls Family recently lost its young son...



Charlie Delgado
June 6, 1996 – March 28,
2005

Our most heartfelt thanks to all who have so generously offered their prayers, support, gifts, flowers, cards, and love to Charlie and to our family over the last few weeks. You have provided us comfort in an unbelievably painful time, and we are so grateful to have such special people in our lives. Charlie was a loving, gentle and joyful soul, and we are glad he is at peace...free from the pain, heartbreak and tears of this world. We will be holding a celebration in honor of Charlie on Saturday, May 7th, at Manoa Elementary School cafeteria at 4:00pm. We would love for you to attend.

Sincerely,
Carlos, Cindy, Vince and
Justin